

UK Dividend Stocks Face Challenges in 2025

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The U.K. dividend landscape is under strain in 2025, with investors grappling with declining special dividends, a stronger pound, and economic headwinds. Research from Computershare's Dividend Monitor reveals that U.K. companies paid out £35.1 billion in dividends during the second quarter of 2025, a 1.4% drop year-on-year, following a 4.6% decline in the first quarter. This marks a tough period for income-focused investors, with forecasts suggesting further pressure ahead.

Dividend stocks remain a cornerstone for those seeking both income and capital growth, but market volatility and economic uncertainty are making payouts less predictable. The second quarter saw special dividends plummet to £2 billion, halving from the previous year and dragging headline growth down by five percentage points. A stronger pound also reduced the sterling value of dollar-denominated dividends by £934 million, adding to the squeeze.

Despite the gloom, there are glimmers of resilience. Excluding special dividends and currency effects, regular dividends rose 6.8% to £33.1 billion, surpassing Computershare's expectations by £230 million. Sectors like defence and financials drove much of this growth, with aerospace and defence giants Rolls-Royce and BAE Systems leading the charge. Rolls-Royce, resuming dividends for the first time since the pandemic, contributed £508 million, accounting for nearly a quarter of the UK's underlying dividend growth, according to Computershare.

In a recent interview with *The Financial Times*, Mark Cleland, chief executive of issuer services at Computershare, noted, "Pockets of strength in finance and aerospace outperformed our expectations, but overall, companies remain cautious, with many cutting dividends and special payouts in steep decline."

Financials also played a significant role. Banks saw an 8.1% rise in payouts, contributing a third of the quarter's dividend growth, while insurers, buoyed by higher premiums, increased dividends by 15%, making up a fifth of the total. However, not all sectors fared well. Mining companies, hit by falling commodity prices, saw dividends drop by 9.2%. Rio Tinto, alongside Anglo American and Glencore, slashed payouts due to weaker profits and rising costs.

The top five dividend payers, HSBC, Rio Tinto, Shell, Playtech, and British American Tobacco, accounted for £12.8 billion, or 36% of total dividends in the quarter. Yet, broader challenges loom. Economic uncertainty, rising taxes under the current Labour government's policies, and concerns over potential US tariffs under a Trump administration are weighing on investor confidence. These factors, combined with a shift towards share buybacks, are curbing dividend growth.

Computershare has downgraded its 2025 headline forecast by £1.8 billion, projecting a 1.4% year-on-year decline to £88.3 billion. This reflects fewer special dividends, currency pressures, and increased buyback activity. However, the underlying outlook is slightly

brighter, with regular dividends now expected to grow by 2.8% to £85.1 billion, up from a prior estimate of 1.8%. The third quarter is likely to see a modest 0.6% dip, with payouts expected to stabilise by year-end.

Cleland emphasised, “The headline total that shareholders receive remains under pressure. Slow underlying growth, a strong pound, and fewer special dividends are creating a third year of stagnation. Sustained economic recovery, both in the U.K. and globally, is critical to restoring robust dividend growth.”

For investors, the message is clear: while certain sectors show resilience, the broader dividend environment remains challenging. Prudent stock selection, focusing on strong performers like aerospace and financials, may offer a buffer against the ongoing pressures of 2025.