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Triple Lock Burden Set to Triple as Labour Defends Costly State Pension Policy

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The cost of the UK's state pension triple lock is projected to reach £15.5 billion annually by the end of the decade, three times higher than originally expected, according to new figures from the Office for Budget Responsibility (OBR). The Labour government insists it will maintain the policy, despite warnings over the long-term sustainability of public finances.

The Office for Budget Responsibility (OBR) has warned that the government's commitment to the state pension triple lock could place unsustainable pressure on the UK's public finances. Introduced in 2011, the triple lock guarantees that the state pension rises each year by the highest of three measures: inflation, average earnings, or 2.5 per cent. While designed to protect pensioners from falling behind, the policy is now forecast to cost the Treasury £15.5 billion a year by 2030, three times more than initial projections.

The OBR stated that the rising cost is being driven not only by demographic changes but also by greater volatility in inflation and earnings. This volatility has triggered the most generous increases in eight out of the last thirteen years. In its latest fiscal sustainability report, the OBR said public finances remain in a "relatively vulnerable position," exacerbated by recent policy reversals and rising welfare costs under the current Labour government.

Chancellor Rachel Reeves has faced criticism in recent weeks after a tearful Commons appearance amid economic uncertainty and rising borrowing costs. The yield on 10-year government bonds jumped by 1.2 per cent following the release of the OBR report, signalling investor concerns about long-term fiscal credibility. While the Chancellor insists that Labour remains committed to the triple lock, critics argue that sentiment is beginning to outweigh serious economic judgement.

The state pension is the government's second-largest expenditure after health and currently consumes around 5 per cent of GDP, equivalent to £138 billion. That figure is forecast to rise to 7.7 per cent by the early 2070s, driven by both increased longevity and the policy itself. Richard Hughes, Chair of the OBR, described the triple lock as "one of a series of

age-related pressures” threatening the sustainability of Britain’s finances. He warned, “The UK cannot afford the array of promises that are displayed to the public if left unchanged.”

Despite calls from the Institute for Fiscal Studies (IFS), an independent economic think-tank, to scrap or reform the triple lock, Labour continues to defend it. The IFS has proposed linking increases more directly to average earnings, with inflation protection still maintained. Pensioner advocacy groups, however, argue that many retirees depend on the policy amid rising living costs and point out that the UK’s pension remains less generous than many in Europe.

Under current rules, as of April 2025, the state pension rose by 4.1 per cent, amounting to £230.25 per week for those on the full, new flat-rate pension, and £176.45 for those on the older basic pension. While these figures may sound substantial, many pensioners say they still struggle to cover essentials.

Nevertheless, the debate over the triple lock underscores a deeper issue: a reluctance by successive governments, including the present Labour administration, to confront structural pressures in public spending. As costs continue to spiral and debt mounts, policy decisions made for short-term popularity risk undermining long-term stability.