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Concerns Arise as Jennifer Aniston's New Partner Jim Curtis Limpes During NYC Outing

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On August 4, 2025, Jennifer Aniston, 56, and her new boyfriend, Jim Curtis, 49, were seen on a double date in New York City's West Village, raising eyebrows as Curtis relied on a cane and limped noticeably. Joined by Aniston's close friends Jason Bateman, 56, and his wife Amanda Anka, 56, the couple enjoyed a three-hour dinner, their second public appearance since confirming their relationship in July. Curtis, a hypnotherapist and life coach, appeared physically strained, a consequence of his ongoing battle with irritable bowel syndrome (IBS), a digestive disorder, and a history of severe nerve pain from spinal cord lesions diagnosed in 1995, as he disclosed in a 2017 Fast Company interview.

Aniston, celebrated for her role as Rachel Green on “Friends,” wore a stylish white maxi dress paired with sandals, while Curtis opted for white jeans and a blue button-down shirt. The couple, dating casually for several months, arrived separately at the restaurant but departed together, exiting the hotel through different doors to maintain privacy. A source told People, “They’ve been seeing each other for a few months now. They were introduced by a friend and started out as friends. Jen had read his book and was familiar with his work. She’s really into self-help and wellness.” The source emphasized Aniston’s happiness, stating, “She feels grounded, fulfilled, and very happy,” attributing their connection to shared emotional intelligence.

Speculation about their romance began in June when they were spotted at Ventana Big Sur in California, followed by a romantic yacht trip in Mallorca, Spain, over the Fourth of July weekend, accompanied by Bateman, Anka, and comedian Amy Schumer. Paparazzi photos captured Curtis massaging Aniston’s shoulders and the couple holding hands, confirming their relationship to outlets like People and Us Weekly. Aniston has followed Curtis on Instagram for nearly two years, engaging with his posts on healing and love, including a heart and fist emoji comment on her April workout video. In May, she shared an Instagram photo of his book, “Shift: Quantum Manifestation Guide,” highlighting her interest in his self-help philosophy.

Curtis, with over 550,000 Instagram followers, promotes “hypno-realization,” a method to help clients overcome trauma, and counts celebrities like Miranda Kerr and Julianne Hough among his clients. His books, including “The Stimulati Experience,” chronicle his journey from chronic pain to wellness, inspired by a college professor who introduced him to mindfulness. Aniston’s July 14 Instagram Stories, featuring a reposted tweet about life’s unpredictability and a quote from mindfulness expert Case Kenny about radiating love, sparked fan theories about Curtis, whose optimistic philosophy aligns with the message. This is Aniston’s first public relationship since her 2018 divorce from Justin Theroux, following her 2000–2005 marriage to Brad Pitt. Curtis’s ex-girlfriend Alyssa Pettinato told the Daily Mail, “He’s a nice guy,” noting their shared Greek heritage with Aniston. However, reports of Curtis’s financial troubles, including unpaid apartment fees, have surfaced. Despite concerns about his health, sources say Aniston’s inner circle, including Bateman, who reportedly finds Curtis “hilarious,” supports the relationship. As Aniston navigates this new chapter, Curtis’s visible health struggles have drawn attention, but the couple’s chemistry remains evident.