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Melbourne Home Cuts Energy Bills by 70% with Retrofit

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A Melbourne family has transformed their suburban home into an energy-efficient model, reducing their power bills by 70% through targeted renovations, better insulation, and smart energy use.

In the heart of Melbourne, a suburban family has turned their ordinary house into a shining example of energy efficiency, cutting their energy bills by a remarkable 70 percent. This impressive transformation didn't come from high-tech gadgets or a brand-new build, but through simple, well-planned upgrades to an existing home.

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The family, motivated by rising energy costs and a desire to live more sustainably, began their retrofit journey by first understanding where their energy was being lost. Like many Australian homes, their property had poor insulation, inefficient heating, and relied heavily on gas. Armed with advice from building experts, they took a practical, step-by-step approach to make improvements.

One of the biggest game-changers was insulating the home properly. They sealed draughts, upgraded ceiling and wall insulation, and installed double-glazed windows significantly reducing heat loss in winter and heat gain in summer. By improving the building's "thermal envelope," the house became easier to heat and cool, slashing the need for constant air conditioning and heating.

Next, they replaced gas appliances with electric alternatives, including an energy-efficient heat pump for hot water. The switch was paired with rooftop solar panels, allowing the family to generate much of their electricity on-site. This not only lowered their bills but also reduced their carbon footprint.

Smart usage habits played a role, too. The family became more aware of when and how they used electricity, shifting appliance use to daytime hours when solar production was highest. Over time, these small behaviour changes added up to big savings.

What makes this story especially powerful is its replicability. The house is a standard suburban home not a luxury build and the upgrades were done gradually, without a massive upfront investment. The family's experience shows that deep cuts in energy use are possible in older homes, and that retrofitting is both practical and impactful.

Experts believe this case highlights the potential for broader change. Across Melbourne and other parts of Australia, millions of homes built before modern energy standards can benefit from similar improvements. Retrofitting existing homes could play a key role in reducing household energy bills and cutting national carbon emissions.

In the end, the Melbourne family's journey offers a hopeful message: that big results can come from small, thoughtful changes. With the right guidance and a focus on efficiency, any home can be part of the energy-saving revolution.